

Calvert NJROTC First Annual Polar Plunge

Event Information

Sunday, December 16th

Seal Splash & Family Plunge –

Plungers 12 years & younger and their families will be at 9:30 am.

The Polar Plunge – The main event takes place at 11:00am.

- All participants are required to fill out a registration form and an insurance waiver. Participants will receive a wrist band to participate at the event after all forms and payments have been received.
- The cost is \$20 for all participants, which includes the polar plunge event, a polar plunge t shirt* and a certificate of participation. *Pre-register by December 12th to be guaranteed a plunge shirt. People can register the morning of the event and shirts will be available while the supply lasts.
- Pre-registration is encouraged and can be done at the Calvert High School main office with Mrs. Redden.
- Cash and checks made payable to Calvert NJROTC are accepted. Credit cards can be used for pre-registration on the Calvert County website*, <https://osp.osmsinc.com/calvertmd>
*There is a 4% service charge for using a credit card.

When you arrive on Sunday...

- Due to parking space limitations, plungers are encouraged carpool and come ½ hour before their schedule plunge. Extra parking can be done at Flag Harbor Marina.
- When checking in, each plunge participant will fill out a registration form, sign a participant waiver and receive a wristband to plunge.

What should you bring?

- Wear something warm or wear your bathing. Costumes can be worn for added fun.
- A towel to dry off and warm up with.
- Old shoes, aquatic shoes, etc. Don't forget to bring a pair of dry shoes to wear afterwards.

- A duffel bag, backpack, garbage bag, etc. It's a good idea to bring a bag for dry clothes, as well as a plastic bag for your wet clothes.
- A little bit of money to purchase a tasty treat, coffee or hot chocolate.
- Another plunger! Recruit a friend, family member, co-worker or acquaintance and get them to plunge with you. It's always more fun to plunge with someone!

How else can you have an awesome plunge experience?

- Do NOT dive or flip into the water. This is a safety precaution for all plungers that is strictly enforced.
- Leave valuables at home or with a spectator. We are not responsible for items that are lost or stolen.
- Try not to run out of the water after you plunge. Keep in mind that everything is wet and slippery.
- Bring along warm clothes to wear after you plunge that are easy to put on. The last thing you want to deal with when you're cold and wet are clumsy zippers and buttons!
- Carpool! Parking will be limited.

What is our event cancellation policy?

- We reserve the right to cancel the event due to inclement weather. Safety of our participants and spectators is most important to us. We will work with local law enforcement to be sure conditions are safe for participants. If you cannot attend the event or the event is cancelled there will be no refunds. If the event does get cancelled, we do have a make-up date and will inform all Plungers.

Contact Us

If you still have questions, please contact Valerie Redden
reddenv@calvertnet.k12.md.us or call her at Calvert High School 443-550-8879.

All money raised for this polar plunge will help with the costs of sending the Calvert NJRTOC unit to Normandy, France to participate in the 75th Memorial Parade and Events. This is a special honor that only 2 ROTC units in the United States have been invited to attend.

Are you BRAVE to take the plunge before the Holidays?