

AP Psychology Summer Assignment

Due date: 9/6

Welcome to AP Psychology! Congratulations on making the choice to take this course. I think most students find the content to be interesting and highly relevant to their lives. Please note, AP Psychology is an elective, college-level course with higher student expectations than the average courses taken by high school students. There will be 3 parts to your summer assignment.

Part 1. Tell me about yourself

20 points (5 points per bullet)

Write me a letter that includes the following:

- 2-3 things about yourself (family, interests, sports, hobbies, etc.)
- Why you decided to take psychology
- What you're thinking about after high school (college and/or career you're interested in?)
- 1 attainable life goal and why you'd like to accomplish it

You can be informal, but try to use correct punctuation and real words (not text talk) 😊

Part 2. TED Talks

50 points (10 per video)

Below (and on the back) is a list of TED Talks that address a variety of topics related to Psychology, including some from notable psychologists we will learn about this year. Please watch 5 of these videos, and for each video you watch write a brief paragraph (4-5 sentences) summarizing the point of the speaker and your reaction to the information from the talk. Please be more specific in your reaction than saying something such as, "I liked it." Better reactions could include: Did you agree or disagree with the argument? What questions are you left with? Does it remind you of a situation you have encountered in your life? Please write the title of the talk on the line above the beginning of the paragraph (so I don't have to guess which one you are referring to 😊)

- Philip Zimbardo: The psychology of evil (graphic images)
- Kelly McGonigal: How to make stress your friend
- Tali Sharot: The optimism bias
- David Camarillo: Why helmets don't prevent concussions—and what might
- Barry Schwartz: The paradox of choice
- Steven Pinker: Human nature and the blank slate
- Paul Zak: Trust, morality – and oxytocin?
- Tim Harford: How frustration can make us more creative
- Alison Gopnik: What do babies think?

- Dan Ariely: Our buggy moral code
- Beau Lotto: Optical illusions show how we see
- Elizabeth Loftus: How reliable is your memory
- Kang Lee: Can you really tell if a kid is lying?
- Martin Seligman: New era of positive psychology
- Sophie Scott: Why we laugh
- Susan Cain: The power of introverts
- Ben Ambridge: 10 myths about psychology debunked
- Daniel Pink: The puzzle of motivation

Part 3. Intro to Unit 1

30 points (5 points per School of Psychology)

You have a few options to find the information needed to complete the chart on the next page:

- Buy a review book
- Watch the Crash Course video on YouTube
- Find a **reputable** website with psychology information

Helpful information

- Review book and website recommendations can be found on my class website kwolber.weebly.com
- You are also able to contact me through the website, so please use this if you have any questions while you're working
- Due date info: please have your completed Part 3 chart in class on 9/6. I will give instructions in class on the first day about how I'd like you to submit parts 1 and 2. Just have them done and we'll discuss how I'll collect them.
- Assignment can be typed/handwritten/combination

Unit 1 Notes, Part 1
History of Psychology

School of Psychology	Time Period	Notable Psychologist(s)	Key Features of the School
Structuralism			
Functionalism			
Psychoanalysis/ psychodynamic			
Behaviorism			
Humanism			
Cognitive			

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